

# Multi-Disciplinary Certificate Program in Geriatrics for Non-Physicians

**Location:** Holiday Inn  
2105 First Avenue South  
Rock Falls, IL 61071  
(815) 626-5500 (Facility Info Only)

**Dates:** September 9 & 23, 2010  
October 7 & 21, 2010  
November 4 & 18, 2010

**Time:** All Thursdays, 8:30 a.m. – 4:30 p.m.\*

## Thursday, September 9, 2010

8:00-8:30 *Registration, Check-In and Networking*  
8:30-8:45 **Welcome and Orientation**  
Cynthia Germain, MBA, LNHA, CPP  
8:45-12:00 **Biology of Aging**  
Jeffrey Chesky, PhD  
12:00-1:00 *Networking/Working Lunch*  
1:00-2:30 **Elder Law**  
Curtis Ford, JD  
2:45-4:15 **Balance Assessment and Intervention**  
Sally Fischer, PT  
4:15-4:30 *Summary and Evaluation*

## Thursday, September 23, 2010

8:00-8:45 *Check-In and Networking*  
8:45-10:15 **Communication**  
Allen Ottens, PhD  
10:30-12:00 **Caring for the Caregiver**  
Allen Ottens, PhD  
12:00-1:00 *Networking/Working Lunch*  
1:00-4:15 **Nutrition for the Older Adult**  
Donna Sivertsen, MED, RD, LDN, CDE  
4:15-4:30 *Summary and Evaluation*

## Thursday, October 7, 2010

8:00-8:45 *Check-In and Networking*  
8:45-10:15 **Delirium, Depression and Dementia**  
Gregory Kyrouac, MSED  
12:00-1:00 *Networking/Working Lunch*  
1:00-4:15 **Dementia Symptom Management**  
Sandra Burgener, PhD, APRN-BC, FAAN  
4:15-4:30 *Summary and Evaluation*

**Thursday, October 21, 2010**

8:00-8:45	<i>Check-In and Networking</i>
8:45-10:15	<b><u>Emergency Preparedness</u></b> Janel Yordy, BS
10:30-12:00	<b><u>Elder Abuse</u></b> Holly Zielke, MA
12:00-1:00	<i>Networking/Working Lunch</i>
1:00-2:30	<b><u>Complementary Medicine and the Older Adult</u></b> Kim Kali-Schultes, LCSW, RDDP, CCDP-D
2:45-4:15	<b><u>Addiction and Substance Abuse</u></b> Robert Stenander, JD, CRADC, CCGC
4:15-4:30	<i>Summary and Evaluation</i>

**Thursday, November 4, 2010**

8:00-8:45	<i>Check-In and Networking</i>
8:45-10:15	<b><u>Music Therapy</u></b> Kelly Fowler, MA, MT-BC
10:30-12:00	<b><u>Dementia Evaluation and Treatment</u></b> Ishani Ali, MD
12:00-1:00	<i>Networking/Working Lunch</i>
1:00-2:30	<b><u>Chronic Disease Management</u></b> Kathy Marren, RN, MSN, GNP
2:45-4:15	<b><u>Physical Activity</u></b> Pamela Macfarlane, PhD
4:15-4:30	<i>Summary and Evaluation</i>

**Thursday, November 18, 2010**

8:00-8:45	<i>Check-In and Networking</i>
8:45-10:15	<b><u>Pain Assessment and Management</u></b> Cheri Gertsch, RN, PRN, CHPN/Sherry Haijenga, RN, CHPN, BSN, PRN
10:30-12:00	<b><u>Geriatric Pharmacology</u></b> Mark Ruscin, PharmD, BCPS
12:00-1:00	<i>Networking/Working Lunch</i>
1:00-2:30	<b><u>Intimacy and Sexuality</u></b> Jerry Schroeder, MSW
2:45-4:15	<b><u>Spirituality</u></b> Jerry Schroeder, MSW
4:15-4:30	<i>Summary, Outcome Evaluation and "Graduation"</i>

\*Breaks will be provided at the discretion of presenters or program facilitator. Working lunches will require networking and work on assignments as provided. Schedule may be subject to change.

**Program Facilitators:**

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