



Spring Alzheimer's Conference

Dementia Care: Empowering Your Best Self

May 4, 2020
8:00 a.m. – 3:00 p.m.

The Pavilion
1602 Sioux Drive
Marion, IL 62959

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| 8:00 a.m. | Registration/Meet Vendors |
| 9:00 a.m. | Welcome and Introductions |
| 9:10 a.m. | Be the Voice, Not the Echo
<i>Melanie Adams, MA</i> |
| 9:30 | Let's Talk About It
<i>Interactive sessions</i> |
| 11:00 | Break |
| 11:10 | Challenges for Managers
<i>Leslie Pedtke, MHA, LNHA</i> |
| 12:10 | Grab Your Lunch (provided) |
| 12:20 | Healthy Living for Your Brain and Body: Tips from the Latest Research
<i>Yolanda Simon, MS</i> |
| 1:15 | Break |
| 1:30 | Secret Prescription for Caring for Caregivers
<i>Monica Vest Wheeler, BS</i> |
| 2:30 | Sharing is Caring |
| 3:00 | Adjourn |